



TEACHER'S NOTES

PICNIC
WITH MAX

OVERVIEW

Aimed at **Foundation Stage**

(Prep time 3 mins/Class time 15 mins)

Learners consider which foods they would take on a healthy picnic with Max based on what they know about his condition. Max's genetic disorder means he has no teeth. Children select the food they would take by colouring in the pictures. They then cut and stick the food on the plate template ('Meal for Max' activity sheet).

CURRICULUM LINKS

- Personal, social and emotional development: Have a developing awareness of their own needs, views and feelings, and be sensitive to the needs, views and feelings of others.
- Creative Development: Respond in a variety of ways to what they see. Express and communicate their ideas, thoughts and feelings by using a range of materials.

LEARNING OBJECTIVES

- To be aware of the needs of others and recognise and respect similarities and differences between themselves and others.
- Express and communicate their ideas, responding to what they have learnt from the film about Max.

you will NEED

- Colouring pencils, crayons or felt tip pens
- Glue sticks and scissors

PREPARATION

- Distribute enough copies of **Picnic with Max** and **Meal for Max** to each child
- Distribute enough art materials, including glue sticks and scissors to each table

Activity

Watch the film about Max at www.genesareus.org/maxsstory.

Introduce the activity by explaining that because of Max's genetic disorder he has no teeth. In the film we can see some of the foods that Max can eat. Ask children to imagine they are going on a healthy picnic with Max. Which of the food pictured on the **Picnic with Max** sheet would they take? What can they remember about the food Max can eat from the film? Is it hard or soft? Ask children to colour in the food they select for the picnic, they then need to cut these pictures out and stick them on the plate (**Meal for Max** sheet).

EXTENSION

Discuss with the class what their favourite food is. Would they be able to eat this if they didn't have any teeth? What food do they not like? Why is this? Is it because of how it looks or tastes?

Now on another copy of the **Meal for Max** sheet ask children to draw their favourite food. Is it a healthy meal?

FURTHER information

Various websites on healthy eating for children:

http://www.greatgrubclub.com/?location_id=348

http://kidshealth.org/kid/stay_healthy/food/go_slow_whoa.html#

<http://www.nhs.uk/change4life/Pages/Default.aspx>

FOR MORE RESOURCES LIKE THESE, AND TO SIGN UP FOR JEANS FOR GENES DAY,
VISIT US AT WWW.JEANSFORGENES.COM

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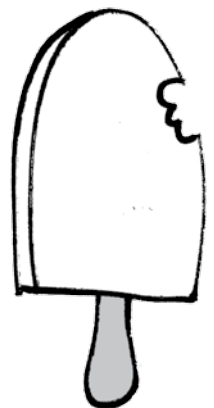
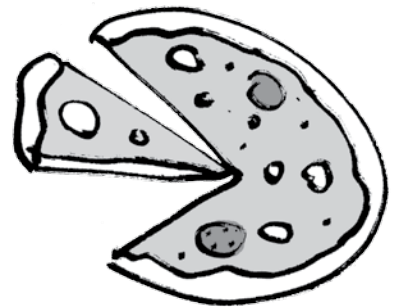
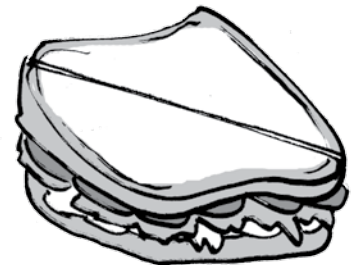
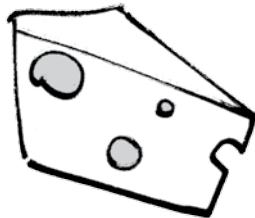




Picnic WITH MAX

Max's genetic disorder means he has no teeth. Imagine you were going on a healthy picnic with Max. Which of these foods would you take?

Colour in the food you choose, cut out and stick on the plate.



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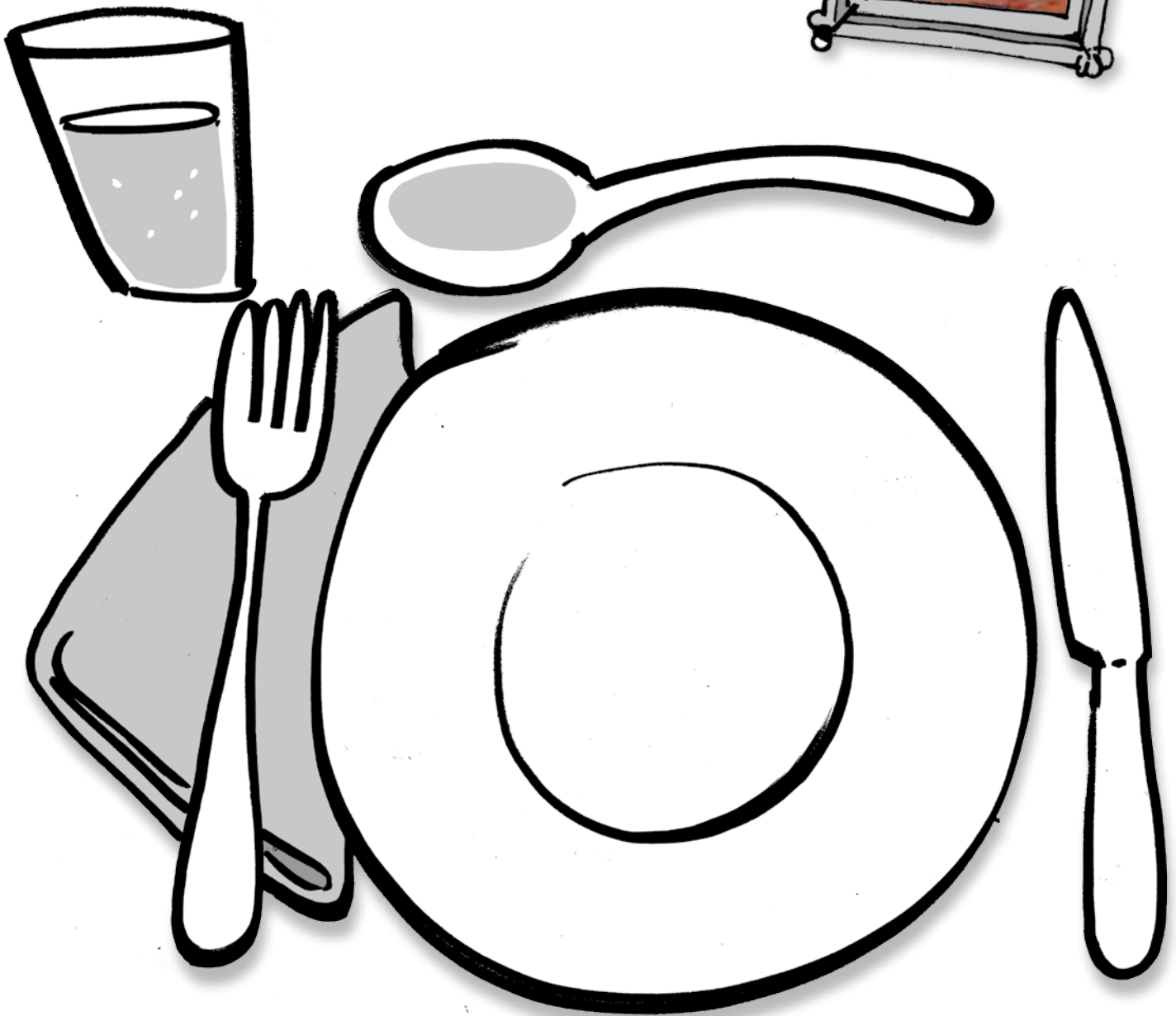


Picnic WITH MAX

Name _____

Max's genetic disorder means he has no teeth.

Can you cut out the foods and stick them on the plate to make a healthy meal for Max?



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