



# TEACHER'S NOTES

## BESIDE THE SEASIDE

### OVERVIEW

Aimed at **foundation stage**.

(Prep time 3 mins/class time 15-20 mins)

As an extension to the *Staying Cool* activity, learners consider things that might help keep them cool on a hot summer's day. Children are asked to draw themselves in a beach scene.

### CURRICULUM LINKS

- Creative Development: Express and communicate their ideas, thoughts and feelings by using a range of materials
- Use their imagination in art and design

### LEARNING OBJECTIVES

- Express and communicate their ideas in art and design
- To be aware of how to stay safe in the sun and why this is important

### you will NEED

- Colouring pencils, crayons or felt tip pens

### PREPARATION

- Distribute enough copies of the **Beside the Seaside** template to each child
- Distribute enough art materials to each table

### Activity

Introduce the activity by asking the class whether they have been on holiday somewhere hot or whether they've been to the seaside in this country. What do they take with them to the seaside to keep cool? What do they do once they are at the seaside? e.g. Do their mum and dad buy them an ice cream? Do they swim in the sea? Do they sit in the shade when it gets too hot? Do they take sun cream with them and cool drinks?

Ask children to draw themselves in the beach scene provided. Ask them to think about who they would take with them, e.g. friends or family.

### EXTENSION

Watch this film together as a class from the juniors section of the Great Ormond Street Hospital website (via whiteboard technology or digital projector). It highlights the importance of wearing sun cream.

<http://www.childrenfirst.nhs.uk/juniors/fun/suncream.html>

### FURTHER information

Tips on how to stay cool:

[http://news.bbc.co.uk/cbbcnews/hi/newsid\\_4790000/newsid\\_4795100/4795145.stm](http://news.bbc.co.uk/cbbcnews/hi/newsid_4790000/newsid_4795100/4795145.stm)

A doctor's tips for sun safety:

[http://news.bbc.co.uk/cbbcnews/hi/newsid\\_2130000/newsid\\_2136900/2136959.stm](http://news.bbc.co.uk/cbbcnews/hi/newsid_2130000/newsid_2136900/2136959.stm)

FOR MORE RESOURCES LIKE THESE, AND TO SIGN UP FOR JEANS FOR GENES DAY, VISIT US AT [WWW.JEANSFORGENES.COM](http://WWW.JEANSFORGENES.COM)

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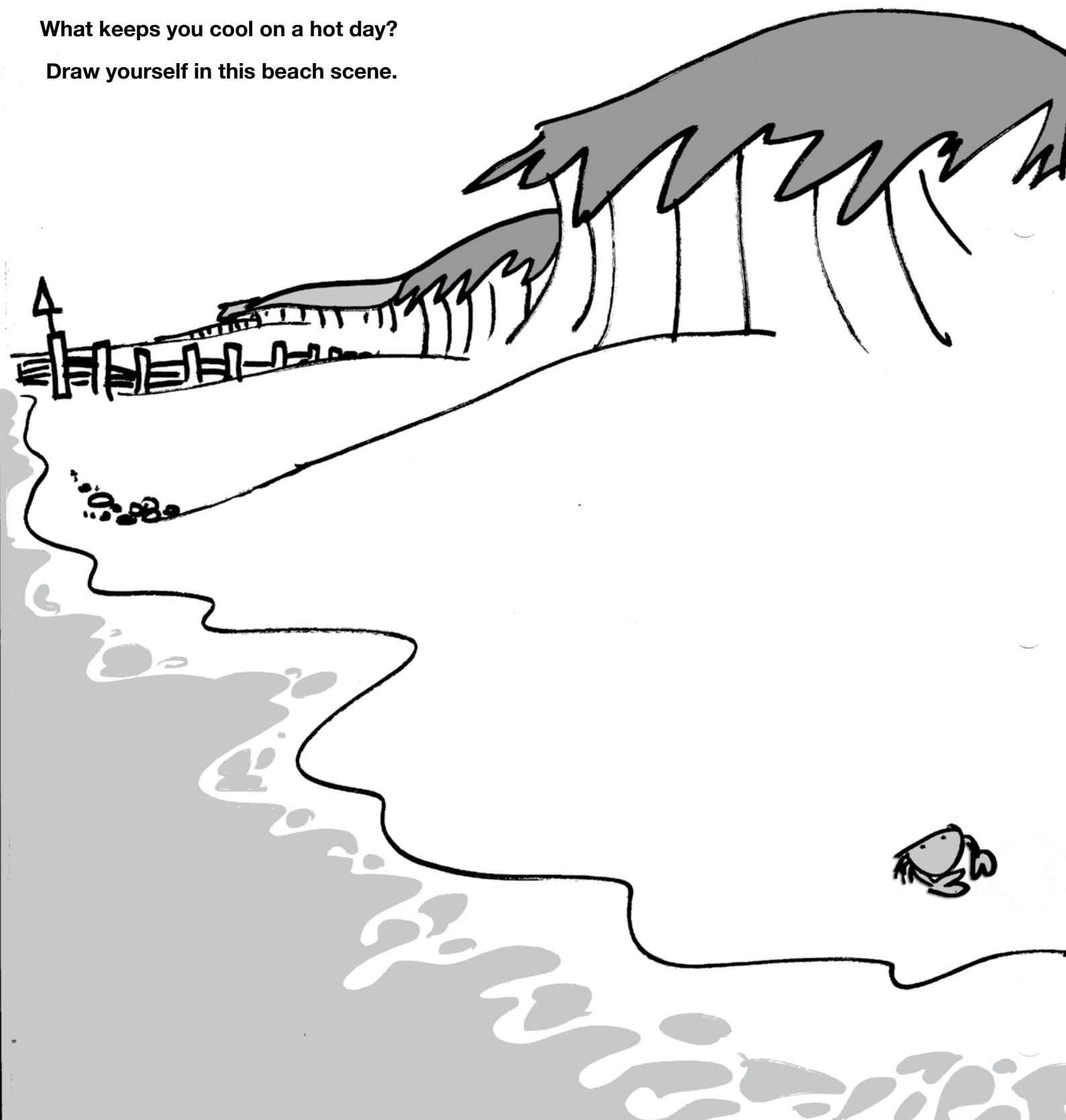
# BESIDE THE

PUPIL WORKSHEET

# SEASIDE

What keeps you cool on a hot day?

Draw yourself in this beach scene.



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