



TEACHER'S NOTES

WHAT'S GOING ON INSIDE?

OVERVIEW

Aimed at **key stage 2** (9-11 years)

(Prep time 10 mins/Class time 30 mins)

Learners watch a film about a boy who is teased because of his illness, before identifying words that express positive and negative feelings. Considering how we communicate feelings without speaking, they act out and draw different feelings words and write a poem about the boy's emotions. Finally, learners work in pairs to read and act out their poems to the class.

LEARNING OBJECTIVES

- To work effectively as a pair
- To identify and apply words that express feelings
- To identify, perform and draw facial expressions related to feelings
- To consider how the actions of others can affect people's feelings

CURRICULUM LINKS

- Understanding physical development, health and wellbeing: recognise how their behaviour and the behaviour of others may influence people both positively and negatively
- Understanding the arts: how facial expressions, body language, movement and space can communicate different emotions and characteristics of behaviour
- Understanding English, communication and languages: select form, content, style and vocabulary to suit particular purposes and readers

you will NEED

- A **What's going on inside?** worksheet for each learner
- Pens and pencils
- Internet access

Activity

- Explain that you want the class to watch a film about a boy called Tamilore. As they watch, ask learners to pay attention to what Tamilore says about the other pupils at his school. Watch Tamilore's video story at:

<http://www.genesareus.org/filmlibrary/tamiloresstory>

- Ask structured questions to draw out information about Tamilore's experiences, for example:

- Tamilore's condition can sometimes be very painful, making him scream and shout. How would you know that someone was in pain, even if they didn't tell you?

You can't see someone else's pain. But people sometimes show their feelings and emotions in their faces.

- Tamilore says he sometimes gets teased at school. Why is that?

Because you can't see any physical symptoms of Tamilore's condition, some pupils at his school think he is faking.

- Why do you think Tamilore gets upset when he talks about being teased for losing a cross-country race?

The people who tease Tamilore don't understand that he finds it very difficult to run. They tease him for losing the race, but Tamilore says it is an achievement just to finish.

Activity

continued

- Explain that, even if we don't always tell people how we are feeling inside, the expression on our face might show people how we feel. Ask each learner to complete the What's going on inside? worksheet. They should identify the feelings illustrated on the sheet, and draw their own faces to illustrate the given words.
- Ask learners to list some words which could describe how Tamilore feels when he has a crisis, or when he gets teased at school. Examples might be: sad, unhappy, upset, angry, miserable... Choose two or three words and ask the class to act them out without speaking. They can use their faces or their entire body.
- List some words which describe how Tamilore feels when he is with his family or playing golf. Examples might be: happy, positive, content, fun, laugh, enjoying, playing... Choose two or three words and ask the class to act them out. They can use their faces or their entire body.
- Ask each learner to write a poem about Tamilore's feelings, using some of the words the class acted out. Then pair learners up to perform the poems to the rest of the class. One learner reads their poem aloud while the other uses their face and body to act out the feelings being described. The pair then swap roles.

EXTENSION

Learners make face masks to show a range of feelings, and use them to act out their poems.

Make and use a daily feelings check-in chart. Choose a set of feelings words and ask groups of learners to make a poster for each. Include a title (for instance, "Today I feel happy") and some pictures (for instance, smiling faces). Ask each learner to make their own name label as well. At the start of each day, encourage learners to Blu-tack their name to the poster which shows how they feel.

FURTHER INFORMATION

This interactive tool lets you demonstrate common facial expressions on a whiteboard, and allows you to manipulate features in order to show other emotions:

www.do2learn.com/games/facialexpressions/face.htm

This PDF resource has some useful images of faces and some different ideas for discussing emotions:

[www.sciencemuseum.org.uk/pdfs/6.1.1 What are you feeling 578KB.pdf](http://www.sciencemuseum.org.uk/pdfs/6.1.1%20What%20are%20you%20feeling%20578KB.pdf)

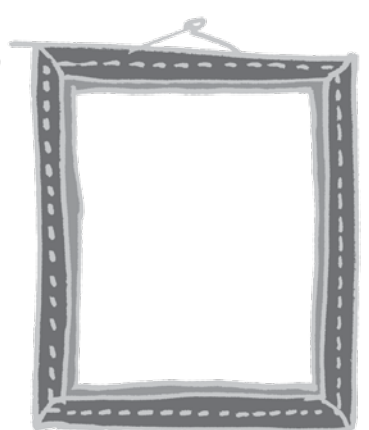
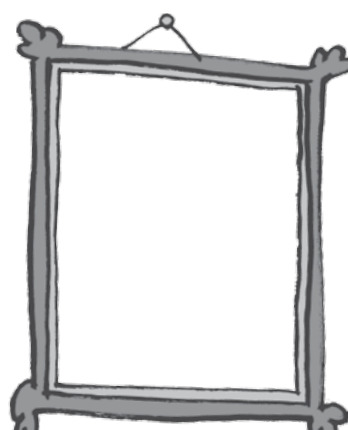
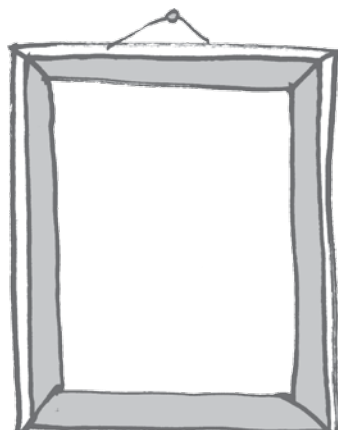
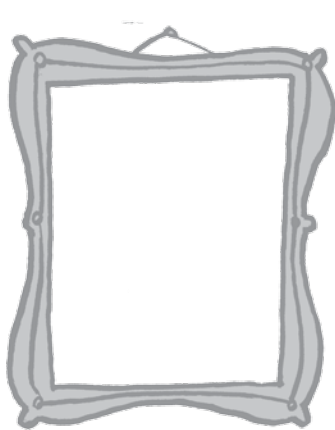


WHAT'S GOING ON INSIDE?

The expression on someone's face can show how they are feeling even if they don't say a word. What are these people feeling? Write some feelings words below each picture, to show what you think they are feeling.



Now see if you can draw some feelings pictures. Draw a picture in each frame, to show what you think that person's face would look like.



Pleased

Sad

Worried

Excited